



Call the medical registrar

Supporting your clinical and professional confidence

9.15am	Welcome	
9.20am	Session 1 – Opening plenary Chair: Dr Mariyam Adam , ST7 renal registrar, Wirral University Teaching Hospital NHS Foundation Trust	
	Superhero fatigue: debunking the myth of the medical registrar Dr Zack Ferguson , consultant acute physician, Frimley Health NHS Foundation Trust	
	Panel discussion and Q&A Dr (Janita) Yee Tin Lit , IMT3 resident doctor, Frimley Health NHS Foundation Trust Dr Revati Naran , specialty registrar in respiratory medicine, Barts Health NHS Trust Dr Graeme Burt , CT3 (ACCS-internal medicine), NHS Lothian	
10.15am	Comfort break [20 mins]	
10.35am	Session 2 – Older patients presenting acutely Chair: Dr Hannah Parker , RCP chief registrar in geriatrics / general internal medicine, Somerset NHS Foundation Trust Beyond the knife: medical decision making in frail surgical patients Dr Guy Slabbert , consultant geriatrician, The Princess Alexandra Hospital NHS Trust Mimics, misses and middle cerebral arteries Dr Ella Sherman , consultant stroke physician, North Bristol NHS Trust Deprescribing for older adults Dr Lucy Pollock FRCP , consultant geriatrician, Somerset NHS Foundation Trust Panel Q&A	Session 3 – Mixed specialty session Chair: Dr Alice Cole , clinical education fellow, University College London Hospitals NHS Foundation Trust Acute asthma and the acute take Dr Stephen Joseph , ST6 respiratory registrar, Royal Free London NHS Foundation Trust Congenital heart disease for the medical registrar Dr Samantha Fitzsimmons , consultant cardiologist in adult congenital heart disease, University Hospital Southampton NHS Foundation Trust Acute kidney injury on the front door: treating the physiology, not the creatinine Dr Mohamed Elsadig , renal ST7 registrar, Walsall Healthcare NHS Trust Panel Q&A
12.15pm	Lunch break [45 mins]	



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12.30pm	Sponsored symposium: Understanding the NHS Pension Scheme - Wesleyan Financial Services	
1pm	Session 4 – Mixed specialty session Chair: Dr Max Thoburn , ST7 infectious diseases and general internal medicine specialist registrar, Worcestershire Acute Hospitals NHS Trust	Session 5 – Mixed specialty session Chair: Dr Aimée Leadbetter , ST6 respiratory and general internal medicine registrar, Royal United Hospitals Bath NHS Foundation Trust
	Management of glycaemic emergencies on the acute take Dr Dominic Oduro-Donkor , ST6 diabetes and endocrinology specialist registrar, University Hospitals Coventry and Warwickshire NHS Trust	Investigation and management of coagulopathy Dr Cathy Farrelly , consultant haematologist, Liverpool University Hospitals NHS Foundation Trust
	The acutely breathless pregnant patient Dr Ailie Young , consultant acute physician, NHS Fife	Related complications with systemic anti-cancer therapy Dr Tom Wells MBE FRCP , consultant medical oncologist, University Hospitals Bristol and Weston NHS Foundation Trust
	Panel Q&A	Panel Q&A
2.10pm	Comfort break [20 mins]	
2.30pm	Session 6 – Gastroenterology Chair: Dr Samuel Hey , ST5 infectious diseases and general medicine, The Newcastle upon Tyne Hospitals NHS Foundation Trust	Session 7 – Neurology Chair: Dr Rizwan Khan , ST4 neurology, University Hospitals Birmingham NHS Foundation Trust
	Management of acute liver failure on the medical take Dr Sarah-Jane Harris , specialty registrar in hepatology, University Hospital Southampton NHS Trust	Management of seizures on the acute medical take: epileptic vs dissociative seizures Dr Guleed Adan , epilepsy fellow, Northern Care Alliance NHS Foundation Trust
	Iron deficiency anaemia on the acute take Dr Gaurav Nigam , ST6 advanced endoscopy fellow, Oxford University Hospitals NHS Foundation Trust	Acute confusion: a neurological approach Dr Viraj Bharambe , consultant neurologist, The Walton Centre NHS Foundation Trust
	Specialty Q&A	Specialty Q&A
3.40pm	Comfort break [10 mins]	



Royal College
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Thursday 9 July 2026

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3.50pm	Session 8 – Professional skills Chair: Dr Muha Hassan , IMT3, South Warwickshire University NHS Foundation Trust
	Clinical reasoning Professor Nicola Cooper , professor of medical education and honorary consultant physician, University of Nottingham; University Hospitals of Derby and Burton NHS Foundation Trust
	Civility in the workplace Dr Anna Baverstock , paediatrician and associate medical director for leadership and wellbeing, Somerset NHS Foundation Trust
	How to adapt to challenges of the role Dr Hussain Basheer , consultant physician, Barts Health NHS Trust
	Panel Q&A [15 mins]
5.10pm	Closing comments Dr Ben Chadwick FRCP , RCP deputy registrar
5.15pm	Conference ends

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Programme may be subject to change.

Have a question? Contact us by email: UKregions@rcp.ac.uk
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